



Formulation Development and Evaluation of Risperidone Fast Dissolving Tablets

Raghavendra Kumar Gunda^{*1}, J.N.Suresh Kumar¹, S.Jayakumari², A.Vijayalakshmi², V.Satyanarayana³

¹Department of Pharmaceutics, Narasaraopeta Institute of Pharmaceutical Sciences,
Narasaraopet, Guntur (Dt), Andhra Pradesh, India-522601.

²Department of Pharmacognosy, School of Pharmaceutical Sciences, VISTAS,VELs University,
Pallavaram, Chennai, Tamilnadu, India- 600117.

³Department of Pharmacy Practice, Narasaraopeta Institute of Pharmaceutical Sciences,
Narasaraopet, Guntur (Dt), Andhra Pradesh, India-522601.

Received on:08-06-2016; Revised on: 20-07-2016; Accepted on: 14-09-2016

ABSTRACT

Background: The main aim of present research investigation is to formulate the Risperidone Fast Dissolving tablets. Risperidone, an atypical antipsychotic, belongs to BCS Class-II and used for treating schizophrenia, bipolar mania and autism by blocking D₂ and 5-HT_{2A} receptors. **Methods:** The Fast Dissolving tablets of Risperidone were prepared employing different concentrations of Crospovidone and Croscarmellose sodium in different combinations as a Superdisintegrants by Direct Compression technique using 3² factorial design. The concentration of Crospovidone and Croscarmellose sodium was selected as independent variables, X₁ and X₂ respectively whereas, wetting time, Disintegration time, t_{50%}, t_{90%} were selected as dependent variables. **Results and Discussion:** Totally nine formulations were designed, prepared and are evaluated for hardness, friability, thickness, Assay, Wetting time, Disintegration time, *In-vitro* drug release. From the Results concluded that all the formulation were found to be within the Pharmacopoeial limits and the *In-vitro* dissolution profiles of all formulations were fitted in to different Kinetic models, the statistical parameters like intercept (a), slope (b) & regression coefficient (r) were calculated. Polynomial equations were developed for Wetting time, Disintegration time, t_{50%}, t_{90%}. Validity of developed polynomial equations were verified by designing 2 check point formulations (C₁, C₂). According to SUPAC guidelines the formulation (F₅) containing combination of 10% Crospovidone and 10% Croscarmellose, is the most similar formulation (similarity factor f₂= 93.556, dissimilarity factor f₁= 0.976& No significant difference, t= 0.022) to marketed product (**RISPERDAL-4**). **Conclusion:** The selected formulation (F₅) follows First order, Higuchi's kinetics, mechanism of drug release was found to be Fickian Diffusion (n= 0.383).

KEYWORDS: Risperidone, 3²Factorial Design, Crospovidone, Croscarmellose Sodium, Wetting Time, Disintegration Time.

1. INTRODUCTION: Tablets are the most popular oral solid formulations available in the market and are preferred by patients and physicians alike. Recently fast dissolving formulation is popular as Novel Drug Delivery Systems because they are easy to administer and lead to Patient Compliance.

Difficulty in swallowing (Dysphasia) is a common problem of all age groups, especially elderly and pediatrics, because of physiological

changes associated with these groups of patients. Researchers throughout the World are focusing intensively on the methods for the development of new drug delivery systems to enhance patient's compliance.

Fast dissolving tablets become an emerging trend in the pharmaceutical industry. Fast dissolving tablets are ideal for all types of people, including for people who have swallowing difficulties, pediatric, geriatric, and bedridden patients. It is also for active patients who are busy, travelling and may not have access to water. Fast dissolving tablets are also known as orodispersible tablets, mouth-dissolving tablets, orally disintegrating tablets, melt-in mouth tablets, rapimelts, porous tablets, quick dissolving etc. Many drugs have the potentials to be made into orodispersible tablets. They vary from analgesics to neuroleptics and anti-psychotic drugs. However

*Corresponding author.

Mr.Raghavendra Kumar Gunda M.Pharm
Assistant Professor, Department of Pharmaceutics,
Narasaraopeta Institute of Pharmaceutical Sciences,
Narasaraopet, Guntur(Dt), A.P. India-522601.

only a small percentage of them are researched on and some have been manufactured and marketed.

The speed of solubility of drug affects the rate of absorption of the drug. The faster the drug dissolve into solution, quicker the absorption and onset of clinical effect. They should readily dissolve or disintegrate in the saliva generally within <60 seconds. Some drugs are absorbed from the mouth, pharynx and esophagus as the saliva passes down into the stomach.

The small volume of saliva is usually sufficient to result in tablet disintegration in the oral cavity. The medication can then be absorbed partially or entirely into the systemic circulation from blood vessels in the sublingual mucosa, or it can be swallowed as a solution to be absorbed from the gastrointestinal tract.

The sublingual route usually produces a faster onset of action than orally ingested tablets and the portion absorbed through the sublingual blood vessels bypasses the hepatic first-pass metabolic processes. The performance of ODT depends on the technology used in their manufacture.

1.1. Drug Profile and Rationality For Experimental Design:

Risperidone is an antipsychotic with extremely potent serotonin-5HT₂ and potent dopamine-D₂ antagonistic properties. Risperidone is rapidly and very well absorbed after administration orally. It is extensively converted in the liver. Its absorption does not appear to be affected by food. It belongs to class II of the Biopharmaceutical Classification System (BCS) where dissolution rate is the limit factor for its absorption¹. Hence the drug is selected for formulating Fast Dissolving Tablets by Direct compression method.

It is an important issue to design an optimized formulation with an appropriate dissolution rate in a short time period and minimum trials. Many statistical experimental designs have been recognized as useful techniques to optimize the process variables. For this purpose, response surface methodology (RSM) utilizing a polynomial equation has been widely used. Different types of RSM designs include 3-level factorial design, central composite design (CCD), Box-Behnken design and D-optimal design. Response surface methodology (RSM) is used when only a few significant factors are involved in experimental optimization. The technique requires less experimentation and time, thus proving to be far more effective and cost-effective than the conventional methods of Manufacturing²⁻⁵.

Hence an attempt is made in this research work to formulate Fast

Dissolving Tablets of Risperidone using Croscarmellose sodium and Croscarmellose sodium. Instead of normal and trial method, a standard statistical tool design of experiments is employed to study the effect of formulation variables on the release properties.

Large scale production needs more simplicity in the formulation with economic and cheapest dosage form. The Fast Dissolving tablets formulation by direct compression method is most acceptable in large scale production.

A 3² full factorial design was employed to systematically study the drug release profile. A 3² full factorial design was employed to investigate the effect of two independent variables (factors), i.e. the amounts of Croscarmellose and Croscarmellose on the dependent variables, i.e. Wetting Time, Disintegration time, $t_{50\%}$, $t_{90\%}$ (Time taken to release 50%, 90% respectively).

2. MATERIALS AND METHODS

Materials used in this study were obtained from the different sources. Risperidone was a gift sample from RPG Life Sciences Limited, Mumbai, India. Croscarmellose, Di Calcium Phosphate, were procured from Loba Chemie Pvt. Ltd, Mumbai. Other excipients such as Magnesium Stearate and talc were procured from S.D. Fine Chem. Ltd, Mumbai.

2.1. Formulation Development of Risperidone Fast Dissolving Tablets:

The factorial design is a technique that allows identification of factors involved in a process and assesses their relative importance. In addition, any interaction between factors chosen can be identified. Construction of a factorial design involves the selection of parameters and the choice of responses⁶.

A selected three level, two factor experimental design (3² factorial design) describe the proportion in which the independent variables Croscarmellose and Croscarmellose were used in formulation of Risperidone Fast Dissolving Tablets. The time required for 50% ($t_{50\%}$), 90% ($t_{90\%}$) drug dissolution, Disintegration Time and Wetting Time were selected as dependent variables. Significance terms were chosen at 95% confidence interval ($p < 0.05$) for Final Equations. Polynomial equations were developed for $t_{50\%}$, $t_{90\%}$, Disintegration Time and Wetting Time (step-wise backward Linear Regression Analysis).

The three levels of factor X₁ (Croscarmellose) at a concentration of 5%, 10%, 15%. three levels of factor X₂ (Croscarmellose) at a concentration of 5%, 10%, 15%. (% with respect to average weight

of Tablet, i.e 100 mg) was taken as the rationale for the design of the Risperidone Fast Dissolving tablet formulation. Totally nine Risperidone Fast Dissolving tablet formulations were prepared employing selected combinations of the two factors i.e X_1 , X_2 as per 3^2 Factorial and evaluated to find out the significance of combined effects of X_1 , X_2 to select the best combination and the concentration required to achieve the desired Fast release/ Dissolution of drug (by means providing large Surface area and Improved Solubility) from the dosage form.

2.2. Preparation of Risperidone Fast Dissolving Tablets:

Risperidone Tablets were prepared by direct compression method. The composition of each tablet is shown in Table No 2 . The drug, diluents, superdisintegrants were passed through sieve #40. All the above ingredients were properly mixed together (in a poly-bag). Talc and Magnesium stearate were passed through mesh #80, mixed and blended with initial mixture in a poly-bag. The powder blend was compressed into tablets on a 8 station rotary punch tableting machine (mini-press) using 8 mm circular punches and same hardness was used for the required number tablets. Compressed tablets were examined as per official standards and unofficial tests. Tablets were packaged in well closed light resistance and moisture proof containers.

2.3. Experimental Design:

Experimental design utilized in present investigation for the optimization of Superdisintegrant concentration such as, concentration of Croscopvidone was taken as X_1 and concentration of Croscarmellose sodium was taken as X_2 . Experimental design was given in the Table 1. Three levels for the Concentration of Croscopvidone were selected and coded as -1= 5%, 0=10%, +1=15%. Three levels for the Concentration of Croscarmellose sodium were selected and coded as -1= 5%, 0=10%, +1=15%. Formulae for all the experimental batches were given in Table 27.

Table 1: Experimental Design Layout

Formulation Code	X_1	X_2
F ₁	1	1
F ₂	1	0
F ₃	1	-1
F ₄	0	1
F ₅	0	0
F ₆	0	-1
F ₇	-1	1
F ₈	-1	0
F ₉	-1	-1
C ₁	-0.5	-0.5
C ₂	0.5	0.5

Table 2: Formulae for the Preparation of Risperidone Fast Dissolving Tablets as Per Experimental Design

Name of Ingredients	Quantity of Ingredients per each Tablet (mg)								
	F ₁	F ₂	F ₃	F ₄	F ₅	F ₆	F ₇	F ₈	F ₉
Risperidone	4	4	4	4	4	4	4	4	4
MCC	60	65	70	65	70	75	70	75	80
Croscopvidone	15	15	15	10	10	10	5	5	5
Croscarmellose sodium	15	10	5	15	10	5	15	10	5
Peppermint Flavor	2	2	2	2	2	2	2	2	2
Magnesium Stearate	2	2	2	2	2	2	2	2	2
Talc	2	2	2	2	2	2	2	2	2
Total Weight	100	100	100	100	100	100	100	100	100

2.4. Evaluation of Risperidone fast dissolving tablets:

2.4.1. Hardness⁸

The hardness of the tablets was tested by diametric compression using a Monsanto Hardness Tester. A tablet hardness of about 2-4 Kg/cm² is considered adequate for mechanical stability.

2.4.2. Friability⁸

The friability of the tablets was measured in a Roche Friabilator. 20 Tablets were taken, Weighed and Initial weight was noted (W_0) are dedusted in a drum for a fixed time (100 Freefalls, in a Roche Friabilator) and weighed (W) again. Percentage friability was calculated from the loss in weight as given in equation as below. The weight loss should not be more than 1 %

$$\text{Friability (\%)} = \frac{(\text{Initial weight} - \text{Final weight})}{(\text{Initial weight})} \times 100$$

2.4.3. Content Uniformity⁸

In this test, 20 tablets were randomly selected and the percent drug content was determined, the tablets contained not less than 85% or not more than 115% (100±15%) of the labeled drug content can be considered as the test was passed.

2.4.4. Assay^{9,10}

Drug content was determined by weighing randomly selected tablets, pulverizing to a fine powder. The powder equivalent to 10 mg Risperidone was weighed and dissolved in 10 ml of methanol in volumetric flask using magnetic stirrer, the volume was adjusted to 100 ml with Phosphate buffer pH 6.8 and the solution was filtered. An aliquot of 1.0 ml of solution were diluted to 10 ml Phosphate buffer pH 6.8 in separate volumetric flask. The drug content in was determined spectrophotometrically at 280 nm.

2.4.5. Thickness⁸

Thickness of the all tablet formulations were measured using vernier calipers by placing tablet between two arms of the vernier calipers.

2.4.6. Wetting time^{11,12}

To measure Wetting time of the Tablet, a piece of Tissue paper folded twice was placed in a small petri dish (Internal Diameter is= 6.5 cm) containing 5 ml of Distilled water. A Tablet placed on the paper, and the time for complete wetting of the tablet was measured in seconds.

2.4.7. In-vitro Dissolution Study¹²

The *In-vitro* dissolution study for the Risperidone Fast Dissolving tablets were carried out in USP XXIII type-II dissolution test apparatus (Paddle type) using 900 ml of Phosphate buffer pH 6.8 as dissolution medium at 50 rpm and temperature 37±0.5°C. At predetermined time intervals, 5 ml of the samples were withdrawn by means of a syringe fitted with a pre-filter, the volume withdrawn at each interval was replaced with same quantity of fresh dissolution medium. The resultant samples were analyzed for the presence of the drug release by measuring the absorbance at 280 nm using UV Visible spectrophotometer after suitable dilutions. The determinations were performed in triplicate (n=3).

2.4.8. Disintegration test¹²

Disintegration of fast disintegrating tablets is achieved in the mouth owing to the action of saliva, however amount of saliva in the mouth is limited and no tablet disintegration test was found in USP and IP to simulate *in vivo* conditions. A modified method was used to determine disintegration time of the tablets. A cylindrical vessel was used in which 10 mesh screen was placed in such way that only 2 ml of disintegrating or dissolution medium would be placed below the sieve. To determine disintegration time, 6 ml of Sorenson's buffer (pH 6.8), was placed inside the vessel in such way that 4 ml of the media was below the sieve and 2 ml above the sieve. Tablet was placed on the sieve and the whole assembly was then placed on a shaker. The time at which all the particles pass through the sieve was taken as a disintegration time of the tablet. Six tablets were chosen randomly from the composite samples and the average value was determined.

2.4.9. Kinetic modeling of drug release¹³⁻¹⁶

The dissolution profile of all the formulations was fitted in to zero-order, first-order, Higuchi and Korsmeyer-peppas models to ascertain the kinetic modeling of drug release.

3. RESULTS AND DISCUSSION:

Fast Dissolving tablets of Risperidone were prepared and optimized by 3² factorial design in order to select the best combination of different Superdisintegrants, Crospovidone, Croscarmellose sodium and also to achieve the predicted rapid release of drug from the dosage form (by Disintegrating quickly). The two factorial parameters involved in the development of formulations are, quantity of Crospovidone & Croscarmellose sodium as independent variables (X₁, X₂), and *In vitro* dissolution parameters such as t_{50%}, t_{90%} and Wetting time, Disintegrating Time as dependent variables. Totally nine formulations were prepared using 3 levels of 2 factors and all the formulations containing 4 mg of Risperidone were prepared as a Fast Dissolving tablet dosage form by Direct Compression technique as per the formulae given in Table 2.

All the prepared tablets were evaluated for different post compression parameters, drug content, mean hardness, friability, mean thickness, Weight variation as per official methods and results are given in Table 3. The hardness of tablets was in the range of **2.5±0.16-2.85±0.14 Kg/cm²**. Weight loss in the friability test was not more than **0.305±0.32%**. Drug content of prepared tablets was within **acceptance range only**. The Wetting Time of tablets was in the range of **29.76±1.30-36.67±1.6 sec**. The Disintegration Time of tablets was in the range of **14.66±1.5-19.50±1.7 sec**. Results for all Post-compression parameters were tabulated or shown in Table 3. *In-vitro* Dissolution studies were performed for prepared tablets using Phosphate buffer pH 6.8 as a dissolution media at 50 rpm and temperature 37±0.5°C. The *In-vitro* dissolution profiles of tablets are shown in Fig.1 and the dissolution parameters are given in Table 4.

Table 3: Post-Compression Parameters for the Formulations (n = 3)

S.No	Formulation Code	Hardness (kg/cm ²)	Thickness (mm)	Friability (%)	%Weight Variation	Drug Content (%)	Wetting Time (sec)	Disintegration Time (sec)
1	F ₁	2.7±0.15	3.75±0.15	0.165±0.2	Pass	99.715±0.25	29.76±1.3	14.66±1.5
2	F ₂	2.75±0.14	3.65±0.14	0.215±0.3	Pass	99.625±0.70	29.86±1.4	16.23±1.6
3	F ₃	2.7±0.15	3.70±0.16	0.17±0.1	Pass	99.935±0.50	32.94±1.6	17.40±1.8
4	F ₄	2.8±0.13	3.55±0.10	0.225±0.2	Pass	99.485±.40	32.86±1.4	16.01±1.4
5	F ₅	2.85±0.14	3.45±0.11	0.275±0.3	Pass	99.39±0.90	33.05±1.5	16.31±1.5
6	F ₆	2.8±0.15	3.50±0.12	0.230±0.05	Pass	99.71±0.70	33.75±1.7	17.60±1.7
7	F ₇	2.5±0.16	3.50±0.10	0.255±0.3	Pass	99.927±0.25	33.75±1.3	17.33±1.4
8	F ₈	2.55±0.14	3.40±0.12	0.305±0.32	Pass	99.84±0.30	36.34±1.5	17.90±1.5
9	F ₉	2.5±0.16	3.45±0.11	0.26±0.40	Pass	100.15±0.50	36.67±1.6	19.50±1.7

Cumulative % Drug release of Factorial Design Formulations F₁-F₉, at 45 min were found to be in the range of 99.94±0.21-100.06±0.15 %. From the result it reveals that the release rate was higher for formulations containing High level of Crospovidone / Croscarmellose sodium compared with other Formulations containing Lower level, due to High concentration of Superdisintegrant in combination, shows various disintegration mechanism such as wicking and swelling etc more compared with lower concentration and alone, drug may release rapidly and shows improved bioavailability. Therefore, required release of drug can be obtained by manipulating the composition of Crospovidone and Croscarmellose sodium.

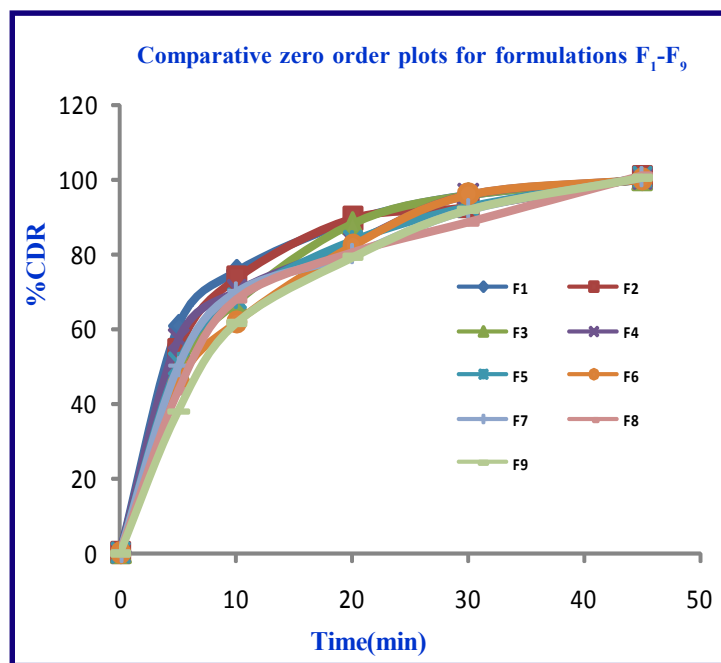


Fig.1 Comparative Zero order plots for Formulation F₁-F₉

Much variation was observed in the Wetting time, Disintegrating time, t_{50%} and t_{90%} due to formulation variables. Formulation F₅ containing 10 mg of Crospovidone, 10 mg of Croscarmellose sodium showed promising dissolution parameter (**Wetting time** = 33.05±1.5sec, **Disintegrating time** = 16.31±1.5 sec, **t_{50%}** = 8.370 min, **t_{90%}** = 27.813 min). The difference in burst effect of the initial time is a result of the difference in the Concentration of Superdisintegrants mixtures. This reveals that increased concentration of superdisintegrants resulted in a corresponding decrease in the Wetting Time, which might be due to the result of wicking and other possible disintegrating mechanisms. Disintegration time is directly proportional to wetting time.

The *In-vitro* dissolution data of Risperidone Fast Dissolving formulations was subjected to goodness of fit test by linear regression analysis according to zero order and first order kinetic equations, Higuchi's and Korsmeyer-Peppas models to assess the mechanism of drug release. The results of linear regression analysis including regression coefficients are summarized in Table 4 and plots shown in fig.1-4. It was observed from the above that dissolution of all the tablets followed First order kinetics with co-efficient of determination (R²) values in the range of 0.936-0.992. The values of r of factorial formulations for Higuchi's equation was found to be in the range of 0.939-0.987, which shows that the dissolution data fitted well to Higuchi's square root of time equation confirming the release followed diffusion mechanism. Kinetic data also treated for Peppas equation, the slope (n) values ranges from 0.272-0.464 that shows Fickian diffusion mechanism. Fig.5, 6 shows Wetting Time Chart and Disintegration Time chart respectively. Polynomial equations were derived for Wetting time Disintegrating time, t_{50%} and t_{90%} values by backward stepwise linear regression analysis using PCP Disso software and Response surface plots were constructed

Table 4: Regression Analysis Data of 3² Factorial Design Formulations of Risperidone Fast Dissolving Tablets

S.No	Formulation Code	Kinetic Parameters											
		Zero Order			First Order			Higuchi			Korsmeyer-Peppas		
		a	b	r	a	b	r	a	b	r	a	b	r
1	F ₁	38.257	1.743	0.791	1.894	0.044	0.99	16.7	14.557	0.939	0.464	1.041	0.831
2	F ₂	35.467	1.799	0.815	1.881	0.038	0.973	14.104	14.782	0.951	0.426	1.064	0.834
3	F ₃	31.868	1.897	0.848	2.173	0.067	0.966	10.598	15.249	0.968	0.368	1.102	0.85
4	F ₄	34.681	1.8	0.828	2.264	0.077	0.936	13.79	14.659	0.958	0.424	1.061	0.847
5	F ₅	31.891	1.855	0.851	1.923	0.036	0.992	11.194	14.884	0.97	0.383	1.086	0.849
6	F ₆	28.292	1.954	0.879	2.166	0.061	0.972	7.688	15.351	0.981	0.32	1.127	0.866
7	F ₇	31.554	1.841	0.853	1.914	0.033	0.983	11.137	14.734	0.969	0.387	1.081	0.845
8	F ₈	28.764	1.896	0.872	1.915	0.03	0.98	8.541	14.959	0.977	0.341	1.109	0.847
9	F ₉	25.165	1.995	0.899	1.977	0.035	0.997	5.035	15.426	0.987	0.272	1.155	0.864
10	MP	32.72	1.836	0.842	2.34	0.082	0.909	11.894	14.821	0.966	0.394	1.08	0.847

F₁ to F₉ are factorial formulations, r-correlation coefficient, a-Intercept, b-Slope and MP-Marketed Product.

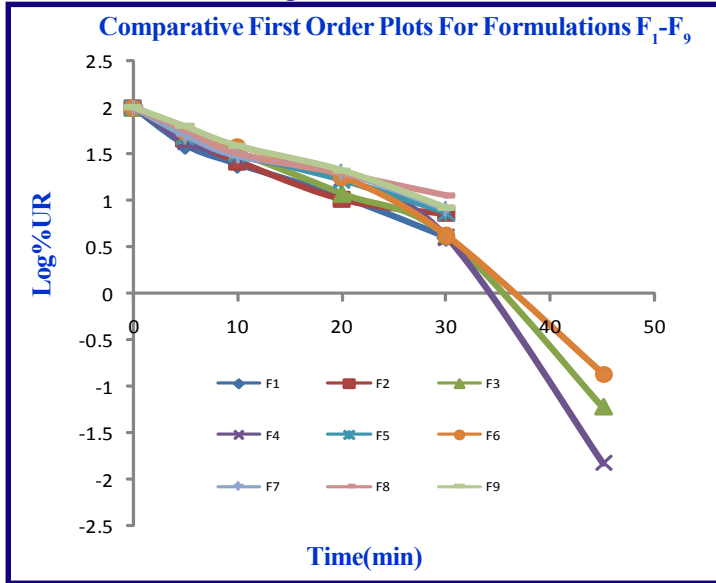


Fig.2 Comparative First order plots for Formulation F₁-F₉

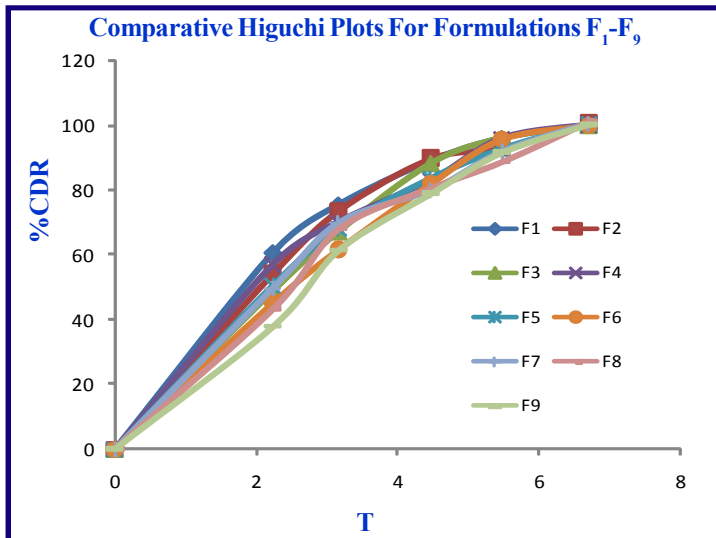


Fig.3 Comparative Higuchi plots for Formulation F₁-F₉

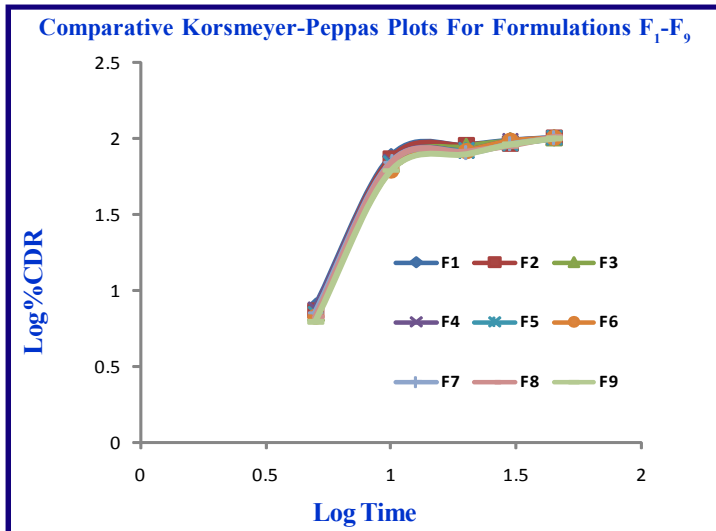


Fig.4 Comparative Korsmeyer-Peppas plots for Formulation F₁-F₉

using SIGMAPLOT V13 software. The Linear Contour plots, Response surface plots and Colour Contour plots were shown in Fig.7-18 for Wetting time, Disintegrating time, $t_{50\%}$ and $t_{90\%}$ using X_1 and X_2 on both the axes respectively. The dissolution data (Kinetic parameters) of factorial formulations F₁ to F₉, are shown in Table 5.

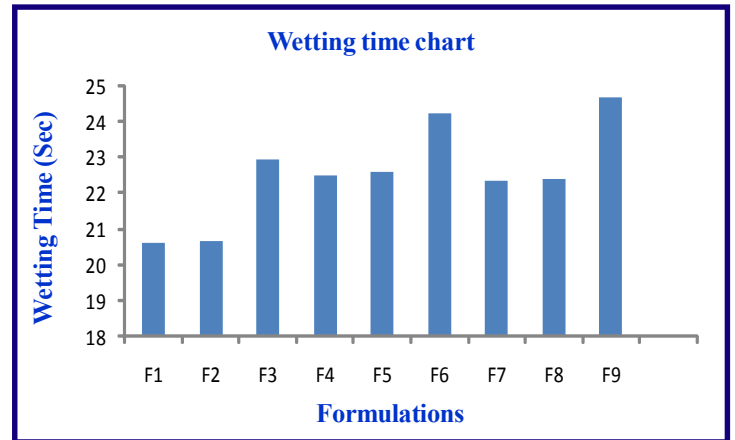


Fig.5 Wetting Time Chart for Formulation F₁-F₉

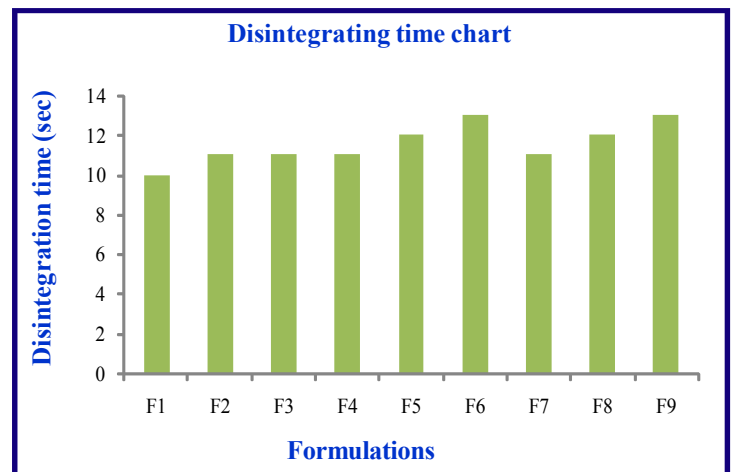


Fig.6 Disintegration Time Chart for Formulation F₁-F₉

Table 5: Dissolution Parameters of Risperidone Fast Dissolving Tablets 3² Full Factorial Design Batches (n = 3)

S.No	Formulation Code	Kinetic Parameters			
		$t_{1/2}$ (min)	$t_{90\%}$ (min)	WT(Sec)	DT(Sec)
1	F ₁	6.874	22.842	29.76±1.3	14.66±1.5
2	F ₂	8.013	26.628	29.86±1.4	16.23±1.6
3	F ₃	4.507	14.977	32.94±1.6	17.40±1.8
4	F ₄	3.913	13.002	32.86±1.4	16.01±1.4
5	F ₅	8.37	27.813	33.05±1.5	16.31±1.5
6	F ₆	4.963	16.493	33.75±1.7	17.60±1.7
7	F ₇	8.991	29.875	33.75±1.3	17.33±1.4
8	F ₈	9.963	33.108	36.34±1.5	17.90±1.5
9	F ₉	8.63	28.678	36.67±1.6	19.50±1.7

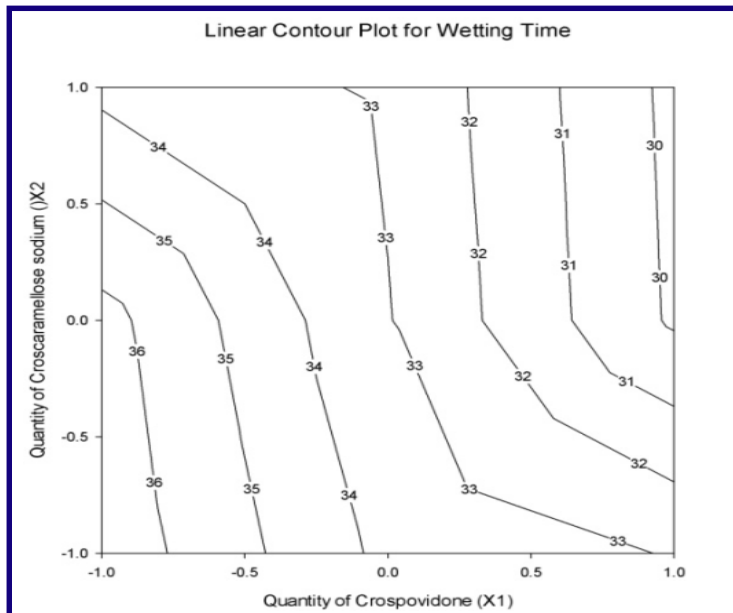


Fig.7 Linear Contour plot for Wetting Time

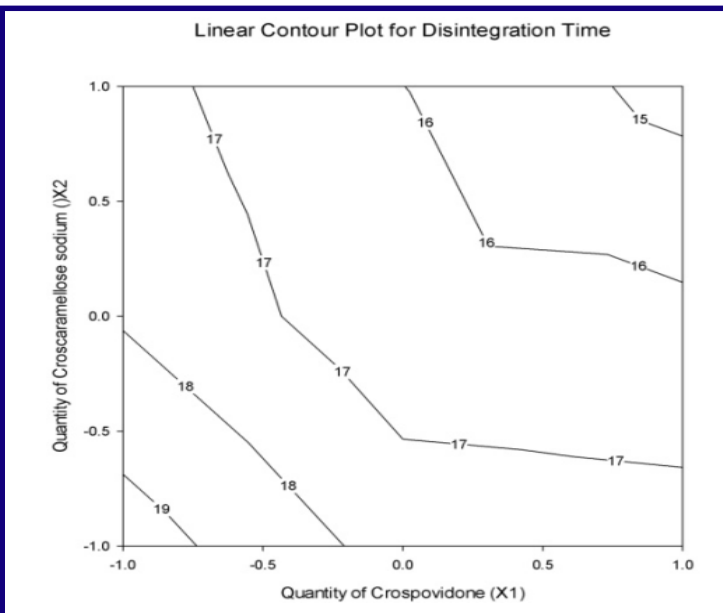


Fig.8 Linear Contour plot for Disintegration Time

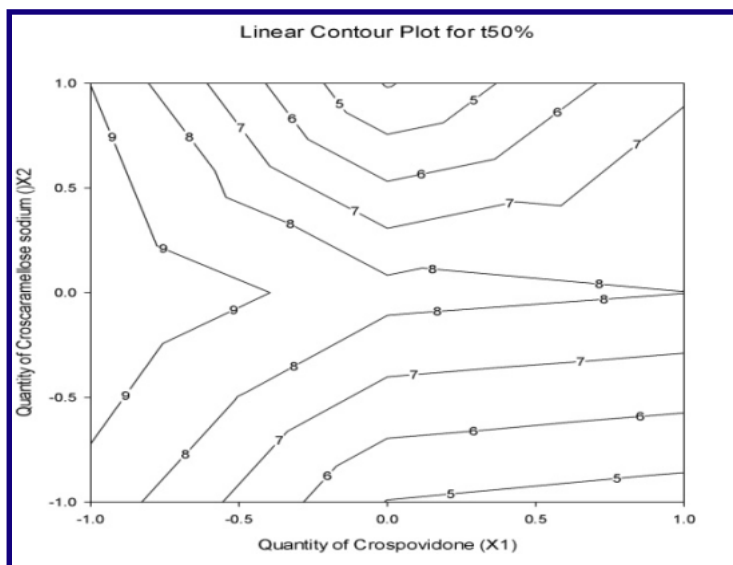


Fig.9 Linear Contour plot for $t_{50\%}$

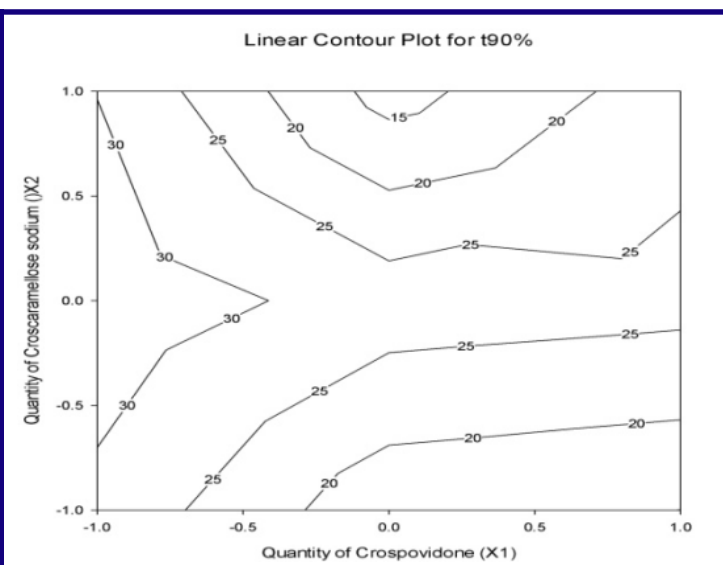


Fig.10 Linear Contour plot for $t_{90\%}$

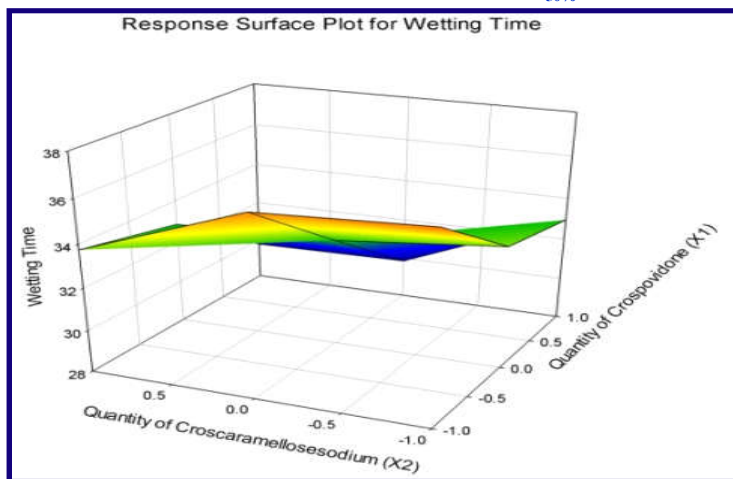


Fig.11 Response Surface plot for Wetting Time

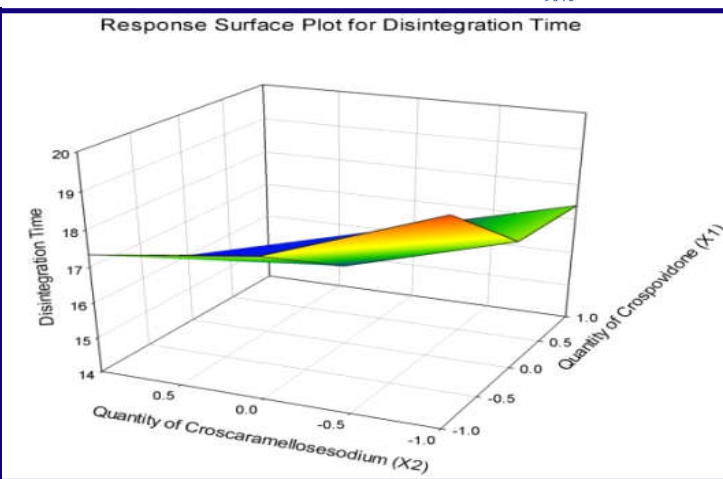


Fig.12 Response Surface plot for Disintegration Time

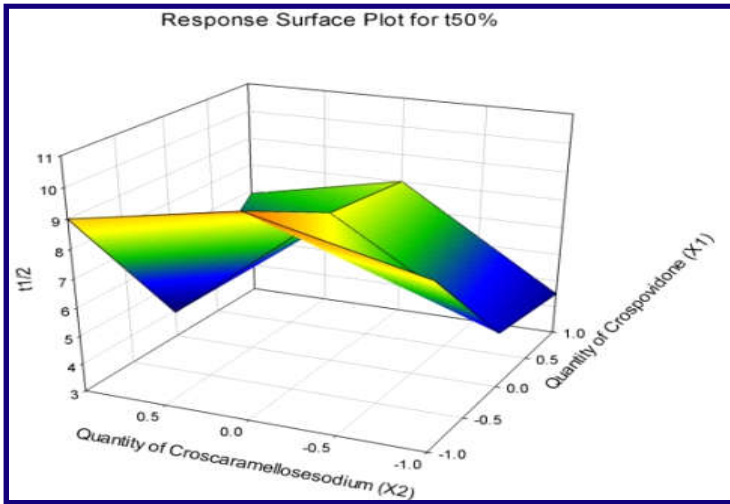


Fig.13. Response Surface plot for $t_{50\%}$

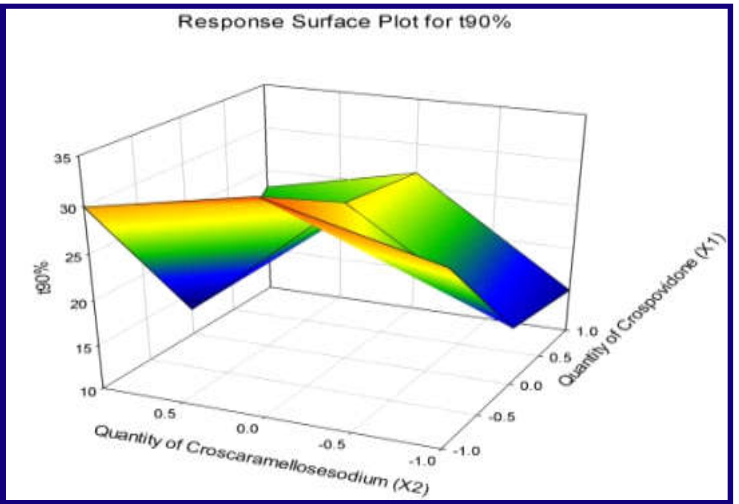


Fig.14. Response Surface plot for $t_{90\%}$

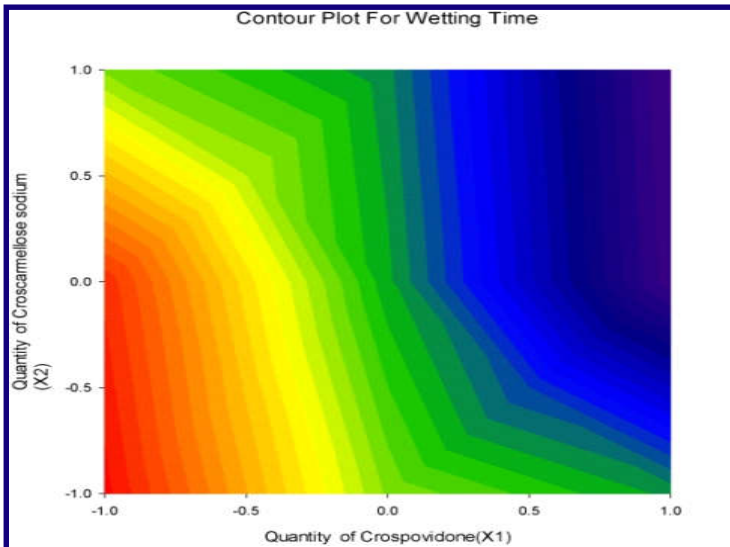


Fig.15. Colour Contour plot for Wetting Time

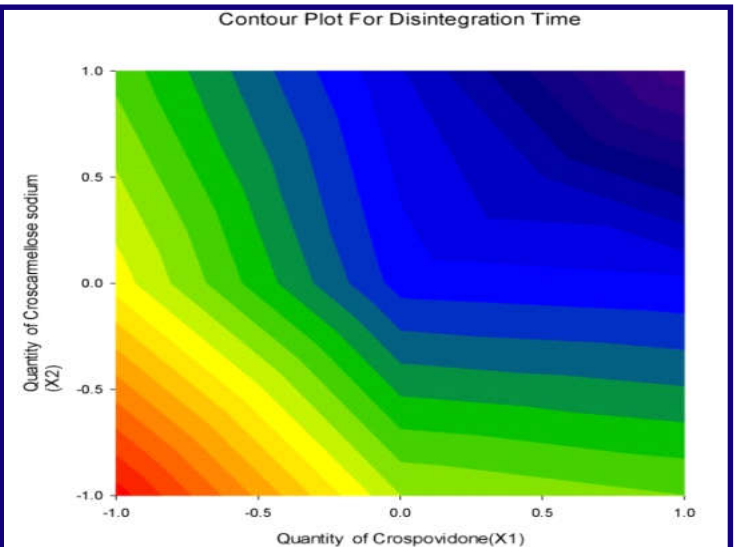


Fig.16. Colour Contour plot for Disintegration Time

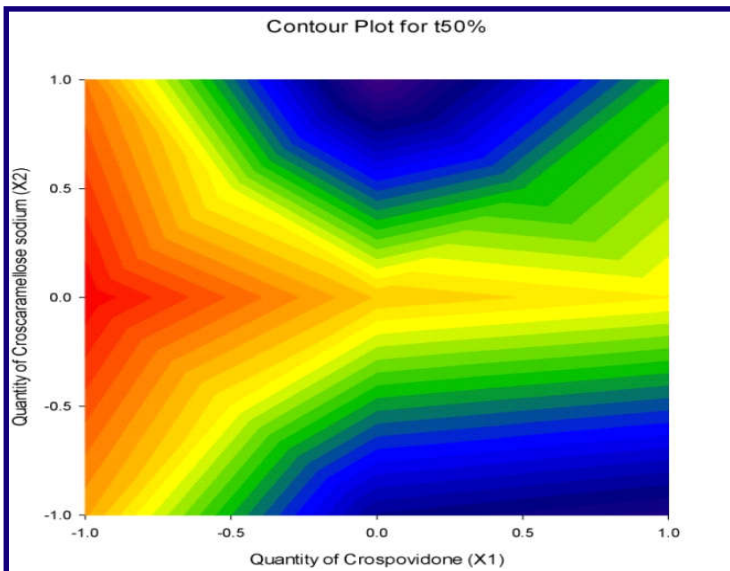


Fig.17. Colour Contour plot for $t_{50\%}$

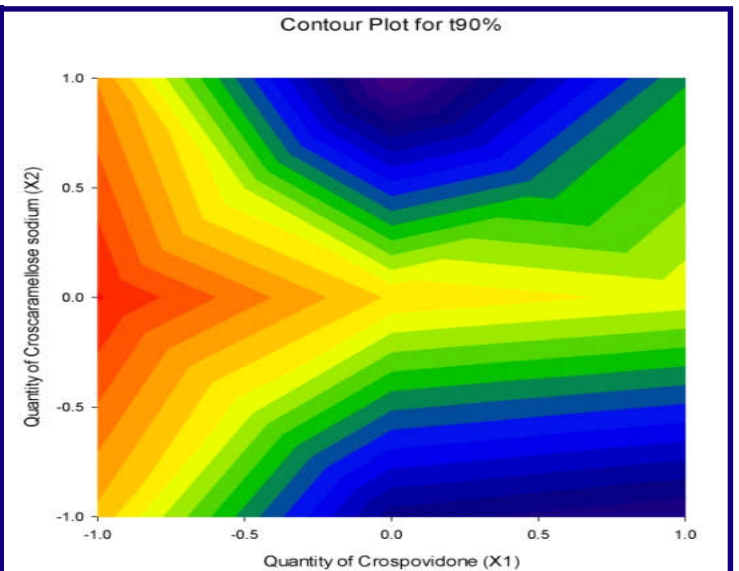


Fig.18. Colour Contour plot for $t_{90\%}$

Table 6: Dissolution Parameters for Predicted and Observed Values for Check Point Formulations

Formulation Code	Predicted Value				Actual Observed Value			
	WT(Sec)	DT(Sec)	t _{50%} (min)	t _{90%} (min)	WT(Sec)	DT(Sec)	t _{50%} (min)	t _{90%} (min)
C ₁	35.121	18.235	7.707	25.61	35.23	18.45	7.79	25.632
C ₂	31.59	16.08	6.621	22.003	31.93	16.27	6.652	22.59

Polynomial equation for 3² full factorial designs is given in Equation $Y = b_0 + b_1 X_1 + b_2 X_2 + b_{12} X_1 X_2 + b_{11} X_1^2 + b_{22} X_2^2 \dots$

Where, Y is dependent variable, b₀ arithmetic mean response of nine batches, and b₁ estimated co-efficient for factor X₁. The main effects (X₁ and X₂) represent the average result of changing one factor at a time from its low to high value. The interaction term (X₁X₂) shows how the response changes when two factors are simultaneously changed. The polynomial terms (X₁² and X₂²) are included to investigate non-linearity. Validity of derived equations was verified by preparing Two Check point Formulations of Intermediate concentration (C₁, C₂).

The equations for Wetting time, Disintegrating time, t_{50%} and t_{90%} developed as follows,

$$Y_1 = 33.220 - 2.367X_1 - 1.165X_2 - 0.065X_1X_2 + 0.205X_2^2 \text{ (for Wetting time)}$$

$$Y_2 = 16.993 - 1.073X_1 - 1.083X_2 - 0.143X_1X_2 + 0.53X_1^2 + 0.27X_2^2 \text{ (for Disintegration time)}$$

$$Y_3 = 7.136 - 1.365X_1 + 0.2797X_2 - 0.502X_1X_2 + 2.08X_1^2 - 2.47X_2^2 \text{ (for } t_{50\%})}$$

$$Y_4 = 23.713 - 4.536X_1 + 0.929X_2 + 1.667X_1X_2 + 6.92X_1^2 - 8.21X_2^2 \text{ (for } t_{90\%})}$$

The positive sign for co-efficient of X₁ in Y₁, Y₂, Y₃ and Y₄ equations indicates that, as the concentration of Crospovidone decreases, Wetting time, Disintegrating time, t_{50%} and t_{90%} value increases (inversely proportional relationship). In other words the data demonstrate that both X₁ (amount of Crospovidone) and X₂ (amount of Croscarmellose sodium) affect the time required for drug release (Wetting time, Disintegrating time, t_{50%} and t_{90%}). From the results it can be concluded that, and increase in the amount of the Superdisintegrant leads to decrease in Disintegration time of the Dosage form and drug release pattern may be changed by appropriate selection of the X₁ and X₂ levels. The Dissolution parameters for predicted from the polynomial equations derived and those actual observed from experimental results are summarized in Table 6. The closeness of Predicted and Observed values for Wetting time, Disintegrating time t_{50%} and t_{90%} indicates validity of derived equations for dependent variables. The Response surface Plots were presented to show the effects of X₁ and X₂ on Wetting time, Disintegrating time t_{50%} and t_{90%}. The final best (Optimized) formulation (F₅) is compared with marketed product (RISPERDAL-4) shows similarity

factor (f₂) 93.556, difference factor (f₁) 0.976 (There is no significant difference in drug release because t_{cal} is < 0.05).

4. CONCLUSION

The present research work envisages the applicability of Superdisintegrants such as Crospovidone and Croscarmellose sodium in the design and development of Fast Dissolving tablet formulations of Risperidone utilizing the 3² factorial design. From the results it was clearly understood that as the concentration of Superdisintegrant increases the release rate of drug was RAPID (Improved Solubility) and both of these Superdisintegrants can be used in combination since do not interact with the drug which may be more helpful in achieving the desired fast Dissolving of the dosage form for rapid action and improved Bioavailability. The optimized formulation followed Higuchi's kinetics while the drug release mechanism was found to be Fickian Diffusion, first order release type. On the basis of evaluation parameters, the optimized formulation F₅ may be used for the effective management of schizophrenia, bipolar mania, and autism. This may improve the patient compliance by showing rapid action via disintegration without difficulty in swallowing and side effects which will ultimately improve the therapeutic outcome. We could be able to minimize the per oral cost of the Formulation.

ACKNOWLEDGEMENTS

The author would like to thank Management, Principal, Teaching, Non-teaching Staff of Narasaraopeta Institute of Pharmaceutical Sciences, Narasaraopet, Guntur (D.t), A.P., India for providing support for successful completion of research work.

REFERENCES

1. Yardi Saibi, Hitoshi Sato, Hidehisa Tachiki. Developing *In Vitro-In Vivo* Correlation of Risperidone Immediate Release Tablet. AAPS PharmSciTech, 2012; Vol. 13, No. 3: 890-895.
2. M.A. Shende, R.P. Marathe, S.B. Khetmalas, P. N. Dhabale. Studies on development of Sustained release Diltiazem hydrochloride matrices through jack fruit mucilage. International Journal of Pharmacy and Pharmaceutical Sciences, 2014; 6, (7): 72-78.

3. Swarbrick J, Boylan JC. Optimization techniques in formulation and processing, Encyclopedia of Pharmaceutical technology. New York:Marcel Dekker;1994. p. 70.
4. Montgomery DC. Introduction to factorial designs. Design and Analysis of Experiments. 5th ed. Wiley India Pvt.Ltd: New Delhi;2004. p. 170-217.
5. Schwartz BJ, Connor RE. Optimization technique in pharmaceutical formulations and processing. J Drugs and Pharm Sci in Modern Pharmaceutics, 1996;72(3):727-54.
6. A. A. Kharia, s. N. Hiremath, a. K. Singhai, K. Omray and S. K. Jain, Design and optimization of floating drug delivery system of acyclovir . Indian J. Pharm. Sci.,2010; 72 (5): 599-606.
7. Raghavendra Kumar Gunda, J. N. Suresh Kumar, Ch Ajay Babu and M. V. Anjaneyulu, Formulation development and evaluation of lamotrigine sustained release tablets using 3² factorial design., International Journal of Pharmaceutical Sciences and Research, 2015; 6(4): 1746-1752.
8. Raghavendra Kumar Gunda. Formulation development and evaluation of rosiglitazone maleate sustained release tablets using 3² factorial design. International J of PharmTech Research, 2015; 8(4): 713-724.
9. Smita V. Pawar, M. S. Junagade. Formulation and Evaluation of Mouth Dissolving Film of Risperidone. International J of PharmTech Research, 2015; 8(6): 218-230.
10. Gawande Shilpa, Chandewar Anil. Formulation and evaluation of orodispersible tablet of Risperidone. Der Pharmacia Lettre, 2011; 3 (6):151-156.
11. Sunada H, Bi YX, Yonezawa Y, Danjo K. Preparation, evaluation and optimization of rapidly disintegrating tablets. Powder Technol 2002; 122:188-98.
12. Raghavendra Kumar Gunda, J. N. Suresh Kumar, V. Satyanarayana, Swathi Batta, Ch. Meher Harika. Formulation Development and Evaluation of Carbamazepine Fast Dissolving Tablets. Journal of Pharmacy Research, 2016;10(5):216-225.
13. K.P.R.Chowdary, Optimization of valsartan tablet formulation by 23 factorial design Journal of Global Trends in Pharmaceutical Sciences, 2014; Volume 5(1),1374-1379 .
14. Notari RE. Biopharmaceutics and clinical pharmacokinetics. 4th ed. New York: Marcel Dekker Inc; 1987; 6-21.
15. Higuchi T, Mechanism of sustained-action medication. Theoretical analysis of rate of release of solid drugs dispersed in solid matrices. J Pharm Sci.1963; 51:1145-9.
16. Peppas NA. Analysis of fickian and non-fickian drug release from polymers Pharm Acta Helv 1985; 60:110-1.

Source of support: Nil, Conflict of interest: None Declared