

## Cell adhesion molecules

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### ABSTRACT

One of the areas of biomedical science that has recently advanced tremendously is understanding of signaling the cell surface. It is becoming increasingly clear that the body's tissues rely on its integrity, function, spatial organization, and interactions at its cell surface. Multicellular organisms require efficient mechanisms by which information can be transmitted between cells. To exchange information, cells interact with each other. Cell adhesion molecules (CAMs) belong to these class of molecules. They form the platform for cell-to-cell interactions and adhesion between cells. There are totally about 25 different types of CAMs.

**KEY WORDS:** Cadherins, Cell communication, Immunoglobulin superfamily, Integrins, Selectins

### INTRODUCTION

Cell adhesion molecules (CAMs) are proteins located on the cell surface involved in binding with other cells or with the extracellular matrix (ECM) in the process called cell adhesion. In essence, CAMs help cells stick to each other and their surroundings.<sup>[1,2]</sup> These proteins are typically transmembrane receptors and are composed of three domains: An intracellular domain that interacts with the cytoskeleton, a transmembrane domain, and an extracellular domain that interacts either with other CAMs of the same kind (homophilic binding) or with other CAMs or the ECM (heterophilic binding).<sup>[3]</sup>

### CELL-CELL ADHESION AND COMMUNICATION

Adhesion of like cells is a primary feature of the architecture of many tissues. A number of cell surface proteins (the CAMs) mediate such homophilic (like binds like) adhesion between cells of a single type and heterophilic adhesion between cells of different types.<sup>[4,5]</sup> For cells to function in an integrated manner, specialized junctions consisting of clustered cell

adhesion molecules are essential.<sup>[6]</sup> There are four major classes of junctions: The tight, gap, cell-cell, and cell-matrix junctions.<sup>[7]</sup> They carry out this role by connecting the internal cytoskeleton directly to the cell exterior, either another cell or the ECM, through two cell-adhesion molecules – cadherins and integrins.<sup>[8]</sup> All cytoskeleton-associated junctions are organized into three parts: Cell-adhesion molecules, adapter proteins, and the bundle of cytoskeletal filaments itself.<sup>[9,10]</sup> They are classified as calcium-dependent and calcium-independent CAMs.<sup>[11]</sup> Calcium-independent CAM includes immunoglobulin superfamily (IgSF). Calcium-dependent CAMs include the integrins, the cadherins, and the selectins.<sup>[12]</sup>

### CALCIUM DEPENDENT – CADHERIN CAM

Cadherins are a class of type-1 transmembrane proteins. They play important roles in cell adhesion, forming adherens junctions to bind cells within tissues together.<sup>[13]</sup> They are dependent on calcium (Ca<sup>2+</sup>) ions to function.<sup>[14]</sup> The cadherin superfamily includes cadherins, protocadherins, desmogleins, and desmocollins.<sup>[15]</sup> In structure, they share cadherin repeats, which are the extracellular Ca<sup>2+</sup>-binding domains. There are multiple classes of cadherin molecule.<sup>[16]</sup> Each cadherin has a small cytoplasmic component, a transmembrane component, and the

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remaining bulk of the protein is extracellular (outside the cell).<sup>[17]</sup> There are said to be over 100 different types of cadherins found in vertebrates, which can be classified into four groups: Classical, desmosomal, protocadherins, and unconventional.<sup>[18]</sup>

## CALCIUM DEPENDENT – INTEGRIN CAM

Integrins are transmembrane receptors that are the bridges for cell-cell and cell-ECM interactions.<sup>[19]</sup> When triggered, integrins, in turn, trigger chemical pathways to the interior, such as the chemical composition and mechanical status of the ECM, which results in a response such as regulation of the cell cycle, cell shape, and/or motility, or new receptors being added to the cell membrane.<sup>[20,21]</sup> Ligands for integrins include fibronectin, vitronectin, collagen, and laminin. Integrins have two different chains, the alpha ( $\alpha$ ) and beta ( $\beta$ ) subunits, and are called obligate heterodimers. The  $\alpha$  and  $\beta$  subunits each penetrate the plasma membrane and possess small cytoplasmic domains.<sup>[22]</sup> Integrins have two main functions: (i) Attachment of the cell to the ECM and (ii) signal transduction from the ECM to the cell. Cell attachment to the ECM is a basic requirement to build a multicellular organism.<sup>[23]</sup> Integrins are not simply hooks but give the cell critical signals about the nature of its surroundings. They enforce a cellular decision on what biological action to take, be it attachment, movement, death, or differentiation. Thus, integrins lie at the heart of many cellular biological processes.<sup>[24]</sup>

## CALCIUM DEPENDENT – SELECTINS CAM

The selectins (cluster of differentiation 62 or CD62) are a family of CAMs.<sup>[25]</sup> All selectins are single-chain transmembrane glycoproteins that share similar properties to C-type lectins due to a related amino terminus and calcium-dependent binding.<sup>[26]</sup> Selectins bind to sugar moieties and so are considered to be a type of lectin, cell adhesion proteins that bind sugar polymers. Selectins are involved in constitutive lymphocyte homing and chronic and acute inflammation processes.<sup>[27]</sup> There are three subsets of selectins:

- Selectin P is expressed in endothelial and metamegakaryocytes. It affects white blood cell movement and is increased in atherosclerotic plaques.
- Selectin E has both lectin and epidermal growth factor (EGF)-like domains. It is involved in interactions between leukocytes and endothelial and in atherosclerosis.
- Selectin L has one lectin and 1 EGF domain and is involved in neutrophil adhesion (the purple cell below is a human neutrophil).<sup>[28]</sup>

## CALCIUM INDEPENDENT – IgSF CAM

IgSF CAMs are a class of CAMs.<sup>[29]</sup> They are either homophilic or heterophilic and bind integrins or different IgSF CAMs.<sup>[30]</sup> The IgSF is a large group of cell surface and soluble proteins that are involved in the recognition, binding, or adhesion processes of cells.<sup>[31]</sup> Molecules are categorized as members of this superfamily based on shared structural features with immunoglobulins; they all possess a domain known as an immunoglobulin domain or fold.<sup>[32]</sup> They are commonly associated with roles in the immune system. It includes neural CAMs (NCAMs), intercellular CAMs (ICAMs), vascular CAM (VCAM), platelet-endothelial CAM (PECAM-1), endothelial cell-selective adhesion molecule (ESAM), junctional adhesion molecule (JAMs), nectins, and other CAMs.<sup>[33]</sup> Each IgSF CAM has an extracellular domain, which contains several Ig-like intrachain disulfide-bonded loops with conserved cysteine residues, a transmembrane domain, and an intracellular domain that interacts with the cytoskeleton.<sup>[34,35]</sup> It has also been suggested that CAMs may have a role in the pathogenesis of atherosclerotic vascular disease in diabetes.<sup>[36]</sup>

## CONCLUSION

Adhesion molecules play major role in many fields of medicine including embryology, immunology, and malignancy and have been referred to as “the glue of life.” Cell adhesion and adhesion molecules have been shown to contribute to the pathogenesis of a large number of common human disorders and tumor cell metastasis in cancer. The CAMs are up to open new therapeutic avenues for many pathologic conditions which are currently associated with high morbidity and mortality.

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