

Correction of asymmetric dimethylarginine-like pre-eclampsia in rats by micronized purified flavonoids fraction

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ABSTRACT

Background: About 10% of pregnancies in the world are accompanied by hypertensive disorders, while from 2% to 8% are pre-eclampsia. One of the components of the pathogenesis of pre-eclampsia is placental ischemia. The humoral factors released during it have a pro-inflammatory effect and can contribute to the development of endothelial dysfunction. One of the possible options for reducing the effects of these cytokines may be the use of drugs containing natural flavonoids, one of the positive aspects of which is the reduction of vein-specific inflammation. **The Aim of the Study:** This study aims to study the effectiveness of using purified micronized flavonoid fraction (diosmin+flavonoids expressed as hesperidin) in the correction of functional disorders that occur during pre-eclampsia in the experiment. **Materials and Methods:** The experiment was performed on 150 white female rats of the Wistar line weighing 250–300 g. Asymmetric dimethylarginine (ADMA)-like agent (N-nitro-L-arginine methyl ester) was introduced intraperitoneally at a dose of 25 mg/kg/day from 14 to 20 days of gestation. The purified micronized flavonoid fraction (diosmin+flavonoids expressed as hesperidin) in dosages of 86 mg/kg and 260 mg/kg was administered orally once a day from 14 to 20 days of pregnancy. On 21 days of pregnancy, functional tests and laboratory tests were performed. **Results:** The administration of purified micronized flavonoid fraction to laboratory animals leads to a pronounced correction of pathological changes in experimental ADMA-like pre-eclampsia with the greatest effect in a higher dose of the drug used. A significant decrease in systolic and diastolic pressure was noted, respectively, improved microcirculation in the placenta, restoration of the nitric oxide synthesizing function of the endothelium, and a decrease in proteinuria. **Conclusion:** The results of the study indicate the promise of using a purified micronized flavonoid fraction for the correction of functional changes in pre-eclampsia and substantiate the feasibility of further research in this direction.

KEY WORDS: Endothelial dysfunction, Microcirculation, Pre-eclampsia, Proteinuria, Purified micronized flavonoid fraction, Rats

INTRODUCTION

About 10% of pregnancies in the world are accompanied by hypertensive disorders, with pre-eclampsia accounting for 2–8%.^[1] According to Rosstat, hypertensive disorders during pregnancy, childbirth, and the postpartum period from 2013 to 2016 claimed 100 women's lives, and their prevalence in pregnant and parturient women was 164.1 and 81.5/1000 births in 2013 and 2016, respectively. In addition, hypertensive conditions during pregnancy lead to the development of pathological conditions

not only in woman but also in the fetus, contributing to the disability of mothers and children. In recent years, much attention in the pathogenesis of pre-eclampsia is given to changes in the functional state of the endothelium.^[2] Another component of the pathogenesis of pre-eclampsia is placental ischemia, which attracts a lot of attention. Humoral factors released in it have a pro-inflammatory effect and can contribute to the development of endothelial dysfunction.^[3,4] To that end, reducing the release of pro-inflammatory factors of ischemic genesis may be a promising direction for the creation of new drugs for the treatment and prevention of pre-eclampsia. One of the possible options for reducing the effects of these cytokines may be the use of drugs containing natural flavonoids, where the reduction of vein-specific

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inflammation can be considered as one of the positive aspects.^[5,6]

The Aim of the Study

The aim of this study is to investigate the effectiveness of the use of drug-containing natural flavonoids in disorders arising from asymmetric dimethylarginine (ADMA)-like pre-eclampsia.

MATERIALS AND METHODS

The study was conducted in the Research Institute of Pharmacology of living systems in Belgorod, State National Research University. The experiment was carried out in accordance with the regulations and guidelines governing the conduct of experimental studies in the Russian Federation. Ethical principles of laboratory animals' treatment were consistent "European Convention for the Protection of Vertebral Animals Used for Experimental and Other Scientific Purposes, CETS N170."

The experiment was performed on 150 white female Wistar rats weighing 250–300 g. For the groups' formation of pregnant animals with specified terms, being on separate maintenance, males (two animals) were hooked to females (three animals) for 24 h. Then, the animals were seated and after 10–14 days in the condition of ethereal sleep, the palpation determined the presence of pregnancy. Pregnancy occurred in 30–40% of the experiments. The pregnant rats were then divided into four groups Group 1 – intact, Group 2 – control N-nitro-L-arginine methyl ester (L-NAME administration), Group 3 – L-NAME + purified micronized flavonoid fraction (Detralex [86 mg/kg/day]), and Group 4 – L-NAME + purified micronized flavonoid fraction (Detralex [260 mg/kg/day]). Non-selective nitric oxide (NO) synthase blocker L-NAME ADMA-like agent was administered intraperitoneal at a dose of 25 mg/kg/day for 7 days (14–20 days of pregnancy).^[7,8] Detralex at a dosage of 86 mg/kg and 260 mg/kg was administered orally using a probe once a day from 14 to 20 days of pregnancy in animals of Groups 3 and 4.

On the 21st day of pregnancy, the laboratory animal was anesthetized by intraperitoneal injection of chloral hydrate at a dose of 300 mg/kg of body

weight. Then, functional tests were performed.^[9] The degree of endothelial dysfunction in experimental animals was assessed by the ratio of endothelium-dependent vasodilation and endothelium-independent vasodilation with subsequent calculation of the endothelial dysfunction coefficient.^[10-13]

The level of NO metabolites (the total concentration of nitrates and nitrites, [NOx]) was determined by colorimetric method for the development of color in the diazotization reaction with sulfonamide nitrite, which is a part of the Griess reagent.

To obtain data on the state of microcirculation in the placenta on the 21st day of pregnancy under anesthesia, the level of microcirculation at a distance of 1 mm from the edge of the placental disc was measured at four points. The values of the microcirculation were expressed in perfusion units (PU).^[14-17]

The collection of urine from the intact and experimental groups of rats was carried out using special metabolic cages. The animal was placed in a cage for 12 h with free access to water. The Brandberg-Roberts-Stolnikov method is based on the Geller ring test.

The large omentum was weighed, dried at 37°C for 24 h, and reweighed to study the fluid content.

Descriptive statistics were applied to all the data: The data were checked for the normality of the distribution. The type of distribution was determined by the Shapiro–Wilk criterion. In case of a normal distribution, the mean (M) and the standard error of the mean (m) were calculated. Intergroup differences were analyzed using Student's t-test or Mann–Whitney U-test, depending on the type of distribution. The calculations were performed using statistical programs Microsoft Excel 7.0.

RESULTS

After L-NAME administration in pregnant rats, there was a significant increase in blood pressure: Systolic was 193.6±6.28 mmHg and diastolic 150.8±80 mmHg, while the pressure was 123.4 ± 3.54 mmHg and 83.8 ± 5.47 mmHg, respectively, in the intact animal. In animals with Detralex introduction at a dosage of

Table 1: Effect of Detralex on blood pressure, CED, and microcirculation in the placenta with ADMA-like pre-eclampsia

Group	Indicator			
	SBP, mmHg	DBP, mmHg	CED, cu	Microcirculation, PU
Intact	123.4±3.54 ^y	83.8±5.47 ^y	1.21±0.13 ^y	472.6±22.44 ^y
Pregnant+L-NAME	193.6±6.28*	150.8±80*	2.89±0.25*	215.6±9.29*
L-NAME+Detralex [®] 86 mg/kg/day	181.6±6.19*	131.5±3.55* ^y	2.21±0.13* ^y	318.8±14.27* ^y
L-NAME+Detralex [®] 260 mg/kg/day	169.3±5.4* ^y	125.7±4.91* ^y	1.79±0.11* ^y	394.0±9.87* ^y

SBP, DBP: Systolic and diastolic blood pressure (mmHg.), CED: Coefficient of endothelial dysfunction (cu); PU: Perfusion units; *: $P < 0.05$ compared to the group of intact animals, y: $P < 0.05$ compared to the control group L-NAME. L-NAME: N-nitro-L-arginine methyl ester

Table 2: Effect of Detralex on diuresis, proteinuria, and NO levels in ADMA-like pre-eclampsia

Group	Indicator		
	The amount of urine, ml/100 g/day	Proteinuria, g/l	Level NO, (μmol/dl)
Intact	5.40±0.22	0.85±0.07 ^y	2.2±0.06 ^y
Pregnant+L-NAME	5.63±0.21	2.34±0.14*	1.27±0.01*
L-NAME+Detralex [®] 86 mg/kg/day	5.09±0.22	1.71±0.09 ^y	1.56±0.04* ^y
L-NAME+Detralex [®] 260 mg/kg/day	5.07±0.20	1.19±0.08* ^y	1.79±0.03 ^y

*: $P < 0.05$ compared to the intact animal group, y: $P < 0.05$ compared to the L-NAME control group. L-NAME: N-nitro-L-arginine methyl ester, NO: Nitric oxide

260 mg/kg/day, there was a significant decrease in systolic blood pressure to 169.3 ± 5.4 mmHg and diastolic to 125.7 ± 4.91 mmHg, respectively [Table 1].

Administration of L-NAME to pregnant rats resulted in a violation of the regulatory mechanisms of vascular tone, as evidenced by an increase in coefficient of endothelial (CED) from 1.21 ± 0.13 to 2.89 ± 0.25 . In groups of animals with course administration of Detralex from 14 to 20 days of pregnancy at dosages of 86 mg/kg and 260 mg/kg, CED was to 2.21 ± 0.13 and 1.79 ± 0.11 in pregnant animals with ADMA-like pre-eclampsia that indicates an improvement in endothelial function.

Animals with ADMA-like pre-eclampsia showed a decrease in microcirculation from 472.6 ± 22.44 PU to 215.6 ± 9.29 PU. The introduction of Detralex in the studied doses restored microcirculation to $318.8 = 14.27$ PU and $394.0 = 9.87$ PU, respectively. Modeling of ADMA-like pre-eclampsia did not cause significant changes in daily diuresis in pregnant rats; at the same time, it was characterized by moderate proteinuria which reached 2.34 ± 0.14 g/l ($P < 0.05$).

Administration of Detralex at dosages of 86 mg/kg and 260 mg/kg from 14 to 20 days in pregnant animals with modeling of ADMA-like pre-eclampsia significantly reduced protein parameters in urine compared to the control group, these values practically reached the target values in the group with a higher dosage of Detralex [Table 2].

The study of the endothelium NO synthesizing function was carried out on the basis of nitrite ions (NO_x) in blood plasma determination [Table 2]. The introduction of Detralex at doses of 86 mg/kg and 260 mg/kg significantly ($P < 0.05$) increased the value of nitrite ions (NO_x) in plasma in animals with ADMA-like pre-eclampsia to 1.56 ± 0.04 mmol/dl and 1.79 ± 0.03 mmol/dl, respectively.

DISCUSSION

The positive effects of the study drug can be explained by a decrease in the effects of pro-inflammatory cytokines.^[5] At the same time, there is a decrease in their inhibitory effect on eNOS, a decrease in the content of peroxidation products, and an increase in

the bioavailability of NO. It leads to the restoration of the regulatory mechanisms of vascular tone, both systemic and local.

CONCLUSION

Administration of Detralex to animals at dosages of 86 mg/kg and 260 mg/kg/day leads to a marked correction of pathological changes in experimental ADMA-like pre-eclampsia with the greatest effect in a higher dose of the used drug.

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